

FEBRUARY Elementary Menus

Questions or Comments?
Tina Byrnes
 Director of Dining Services
 Phone: 936-598-1599



Monthly Promotion
 February 2nd- Super Bowl
 February 14th- Valentine Day's



Did you know?
 The heart does more physical work than any other muscle in the body. Take care of your heart by staying active, filling up on fruits and veggies, and saving salty snacks and sweets for special occasions.

Fresh Fruit & Vegetable Bar Served Daily!



SFE This institution is an equal opportunity provider.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|---|
|  |  | | 1 Breakfast Sausage/Egg Muffin Lunch *Cheesy Enchiladas/Rice Hot Dog BBQ Pork Sandwich Charro Beans | 2 Breakfast Cinnamon Roll  Lunch Sausage Pizza Mini Corn Dogs *Cheesy Nachos Potato Wedges |
| 5 Breakfast Blueberry Loaf Lunch Chicken Nuggets Crispy Corn Dog *Cheese Quesadilla Broccoli Florets | 6 Breakfast Sausage Roll Lunch Turkey/Cheese Sandwich BBQ Chicken/Roll Sausage Pizza Green Beans | 7 Breakfast Yogurt Parfait Lunch Juicy Hot Dog Cheesy Beef Tacos Fajita Chicken Salad Charro Beans *Vegetarian Option (or vegetarian upon request) | 8 Breakfast Breakfast Casserole Lunch *Bean/Cheese Burrito Spaghetti/Mat Sauce Grilled Cheeseburger Buttered Corn | 9 Breakfast Cinnamon Roll Lunch Pepperoni Pizza *Goopy Grilled Cheese Orange Chicken/Rice Crinkle Cut Carrots |
| 12 Breakfast Golden Pancakes Lunch Turkey/Cheese Sandwich Chicken Tenders/Roll Juicy Hot Dog Yellow Corn | 13 Breakfast Eggs/English Muffin Lunch Beefy Rotini/Breadstick Sun Butter/Jelly Sandwich Pepperoni Pizza Steamed Carrots | 14 Breakfast Apple Jacks/Toast Lunch Lemon Pepper Chicken *Goopy Grilled Cheese Crispy Corn Dog Steamed Broccoli | 15 Breakfast Yogurt Parfait Lunch Chicken Sandwich Chicken Noodle Soup *Cheese Quesadilla Peas & Carrots | 16 STUDENT HOLIDAY |
| 19 STUDENT HOLIDAY | 20 Breakfast Cinnamon Roll Lunch Juicy Hot Dog *Bean /Cheese Burrito Sausage Pizza Peppered Corn | 21 Breakfast French Toast Sticks Lunch Chicken Caesar Salad Chicken Nuggets/Roll Spaghetti/Meatballs Crinkle Cut Carrots | 22 Breakfast Yogurt Parfait Lunch Turkey/Cheese Sub Beef Fingers Chicken Alfredo/Breadstick Boiled Carrots | 23 Breakfast Maple Mini Waffles Lunch *Cheesy Two Pizza Fish Nuggets/Roll Meatball Sub Broccoli Florets |
| 26 Breakfast Golden Pancakes Lunch Chicken Nuggets/Roll Crispy Corn Dog *Cheese Quesadilla Broccoli Florets | 27 Breakfast Eggs/English Muffin Lunch Turkey/Cheese Sandwich BBQ Glazed Chicken Sausage Pizza Green Beans | 28 Breakfast Froot Loops/Toast Lunch Juicy Hot Dog Cheesy Beef Tacos Chicken Fajita Salad Charro Beans |  | Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast  |

Breakfast Meal Price: Paid Free / Reduced Free Lunch Meal Price: Paid \$2.55 / Reduced \$0.40 Adult Meal Price: \$3.55