

# MAY Elementary Menus



**Questions or Comments?**  
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## Monthly Promotion Star Wars Day- May 4<sup>th</sup>



### Did you know?

Water makes up about 60% of your body weight. It's important to stay hydrated during the hot summer months. Aim for 6-8 cups of water every day and even more if you are staying active.



**SFE** This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1 Breakfast</b> Golden Pancakes  <b>Lunch</b> *Grilled Cheese/Tom. Soup Fish Nuggets/Roll Beef Fingers Steamed Carrots	<b>2 Breakfast</b> Sausage Morning Roll  <b>Lunch</b> Popcorn Chicken Spaghetti/Meaty Sauce *Sun Butter/Jelly Sandwich 7 Way Mixed Vegetables	<b>3 Breakfast</b> French Toast  <b>Lunch</b> Chef Salad/Crackers Chicken Sandwich *Cheese Quesadilla Peppered Broccoli	<b>4 Breakfast</b> Egg/Sausage Muffin  <b>Lunch</b> Cheese Enchiladas/Rice Mini Corn Dogs *Cheesy Nachos Potato Wedges
<b>7 Breakfast</b> Blueberry Loaf  <b>Lunch</b> Chicken Nuggets/Roll Corn Dog *Cheese Quesadilla Peppered Broccoli	<b>8 Breakfast</b> Breakfast on a Stick  <b>Lunch</b> Turkey/Cheese Sandwich BBQ Chicken Sausage Pizza Green Beans	<b>9 Breakfast</b> Yogurt Parfait  <b>Lunch</b> Hot Dog Beef Cheese Tacos Fajita Chicken Salad Charro Beans	<b>10 Breakfast</b> Breakfast Casserole  <b>Lunch</b> *Bean/Cheese Burrito Spaghetti/Meat Sauce Grilled Cheeseburger Buttered Corn	<b>11 Breakfast</b> Cinnamon Roll  <b>Lunch</b> Pepperoni Pizza *Grilled Cheese Orange Chicken/Rice Crinkle Cut Carrots
<b>14 Breakfast</b> Golden Pancakes  <b>Lunch</b> Turkey/Cheese Sandwich Chicken Tenders Hot Dog Yellow Corn	<b>15 Breakfast</b> Eggs/Toast  <b>Lunch</b> Beef Rotini *Sun Butter/Jelly Sandwich Pepperoni Pizza Steamed Carrots	<b>16 Breakfast</b> Chocolate Chip Muffin  <b>Lunch</b> Lemon Pepper Chicken Grilled Cheese Corn Dog Steamed Broccoli	<b>17 Breakfast</b> Yogurt Parfait  <b>Lunch</b> Chicken Sandwich Chicken Noodle Soup *Cheese Quesadilla Peas & Carrots	<b>18 Breakfast</b> Breakfast on a Stick  <b>Lunch</b> Grilled Cheese Lemon Fish Filet Beef Quesadilla Peppered Corn
<b>21 Breakfast</b> Golden Pancakes  <b>Lunch</b> Orange Chicken/Rice Corn Dog BBQ Pork Sandwich Steamed Broccoli	<b>22 Breakfast</b> Breakfast on a Stick  <b>Lunch</b> Hot Dog *Bean/Cheese Burrito Sausage Pizza Peppered Corn	<b>23 Breakfast</b> French Toast  <b>Lunch</b> Chicken Caesar Salad Chicken Nuggets/Roll Spaghetti/Meatballs Crinkle Cut Carrots	<b>24 Breakfast</b> Egg/Sausage Muffin  <b>Lunch</b> Turkey/Cheese Sub Beef Fingers/Roll Chicken Alfredo Seasoned Carrots	<b>25 Breakfast</b> Cinnamon Roll  <b>Lunch</b> *Cheese Pizza Fish Nuggets Meatball Sub Broccoli Florets
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast  

Breakfast Meal Price: Paid \$1.30 / Reduced \$0.30    Lunch Meal Price: Paid \$2.55 / Reduced \$0.40    Adult Meal Price: \$3.55