

MAY

F.L. Moffett Menus

Questions or Comments?

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Monthly Promotion

May 4th - Star Wars Day



Did you know?

Water makes up about 60% of your body weight. It's important to stay hydrated during the hot summer months. Aim for 6-8 cups of water every day and even more if you are staying active.

Fresh Fruit & Vegetable Bar Served Daily!



SFE This institution is an equal opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday

	<p>1 <u>Breakfast</u> Jumbo Waffles</p> <p><u>Lunch</u> Hot Dog *Cheese Nachos Steamed Veggies</p> <p><small>*Vegetarian Option (or vegetarian upon request)</small></p>	<p>2 <u>Breakfast</u> Chicken Biscuit</p> <p><u>Lunch</u> Grilled Cheeseburger *Sun Butter/Jelly Sandwich Baked Beans</p>	<p>3 <u>Breakfast</u> Breakfast Pizza</p> <p><u>Lunch</u> Spaghetti/Meatballs Chicken Alfredo Steamed Carrots</p>	<p>4 <u>Breakfast</u> Biscuits/Gravy</p> <p><u>Lunch</u> Ham & Cheese Wrap Corn Dog Steamed Broccoli</p>
<p>7 <u>Breakfast</u> Yogurt Parfait</p> <p><u>Lunch</u> Juicy Hamburger Turkey/Cheese Sub Green Beans</p>	<p>8 <u>Breakfast</u> Eggs/Toast</p> <p><u>Lunch</u> Fish Nuggets Hot Dog Baked Beans</p>	<p>9 <u>Breakfast</u> Breakfast on a Stick</p> <p><u>Lunch</u> Ham & Cheese Wrap Corn Dog Steamed Carrots</p>	<p>10 <u>Breakfast</u> Sausage Morning Roll</p> <p><u>Lunch</u> Chicken Alfredo Spaghetti/Meatballs Steamed Broccoli</p>	<p>11 <u>Breakfast</u> Blueberry Waffles</p> <p><u>Lunch</u> Beef Fingers Grilled Chicken Sandwich Peppered Corn</p>
<p>14 <u>Breakfast</u> Breakfast on a Stick</p> <p><u>Lunch</u> Juicy Hamburger Corn Dog 5 Way Mixed Vegetables</p>	<p>15 <u>Breakfast</u> Sausage Biscuit</p> <p><u>Lunch</u> *Grilled Cheese Chicken Nuggets/ Roll Potato Wedges</p>	<p>16 <u>Breakfast</u> French Toast Sticks</p> <p><u>Lunch</u> Fish Filet Zesty Orange Chicken Steamed Broccoli</p>	<p>17 <u>Breakfast</u> Eggs/Toast</p> <p><u>Lunch</u> Hot Dog East Coast Italian Wrap Steamed Carrots</p>	<p>18 <u>Breakfast</u> Blueberry Pancakes</p> <p><u>Lunch</u> *Cheesy Nachos Chicken Sandwich Charro Beans</p>
<p>21 <u>Breakfast</u> Jumbo Waffles</p> <p><u>Lunch</u> Hot Dog *Cheesy Nachos Steamed Veggies</p>	<p>22 <u>Breakfast</u> Chicken Biscuit</p> <p><u>Lunch</u> Grilled Cheeseburger *Sun Butter/Jelly Sandwich Baked Beans</p>	<p>23 <u>Breakfast</u> Breakfast Pizza</p> <p><u>Lunch</u> Spaghetti/Meatballs Chicken Alfredo Steamed Carrots</p>	<p>24 <u>Breakfast</u> Biscuits & Gravy</p> <p><u>Lunch</u> Ham & Cheese Wrap Corn Dog Steamed Broccoli</p>	<p>25</p>
<p>28</p>	<p>29</p>	<p>30</p>	<p>31</p>	<p>Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast</p>

Breakfast Meal Price: Paid \$1.30 / Reduced \$0.30 Lunch Meal Price: Paid \$2.55 / Reduced \$0.40 Adult Meal Price: \$3.55