

MARCH

F.L. Moffett Menus

Questions or
Comments?

Tina Byrnes
Director of Dining Services
Phone: 936-598-1599



Monthly Promotion

Dr. Seuss Day- March 2nd



Did you know?

A healthy school breakfast sets students up for success in the classroom every day. Students who eat breakfast are able to focus better, are in a better mood, and have higher test scores!

Fresh Fruit &
Vegetable Bar
Served Daily!



SFE This institution is an equal opportunity provider.

Monday

Fresh Fruit Selection &
Reduced Sugar Cereals
Available Daily at Breakfast



Tuesday

*Vegetarian Option (or
vegetarian upon request)

Wednesday

Thursday

Friday

5 Breakfast
Jumbo Waffles

Lunch
Country Fried Steak
Baked Chicken Tenders
Green Beans

6 Breakfast
Honey Chicken Biscuit

Lunch
Spaghetti/Meaty Sauce
Cheese Pizza
Crinkle Cut Carrots

7 Breakfast
Breakfast Pizza

Lunch
Grilled Cheeseburger
Sun Butter/Jelly Sandwich
Baked Beans

8 Breakfast
Biscuits & Gravy

Lunch
Ham & Cheese Wrap
Crispy Corn Dog
Steamed Broccoli

9 Breakfast
Yogurt Parfait

Lunch
Hot Dog
Cheesy Nachos
Tater Tots

12 **SPRING
BREAK**

13 **SPRING
BREAK**

14 **SPRING
BREAK**

15 **SPRING
BREAK**

16 **SPRING
BREAK**

19 Breakfast
Golden Pancakes

Lunch
Juicy Hamburger
Turkey/Cheese Sub
Green Beans

20 Breakfast
Eggs/Toast

Lunch
Hot Dog
Sausage Pizza
Peppered Corn

21 Breakfast
Breakfast on a Stick

Lunch
Corn Dog
Cheese Quesadilla
Steamed Carrots

22 Breakfast
Sausage Morning Roll

Lunch
Spaghetti/Meatballs
Grilled Cheese
Steamed Broccoli

23 Breakfast
Mini Blueberry Waffles

Lunch
Grilled Chicken Sandwich
Fish Nuggets/Roll
Baked Beans

26 Breakfast
Breakfast on a Stick

Lunch
Juicy Hamburger
Crispy Corn Dog
5 Way Mixed Vegetables

27 Breakfast
Sausage Biscuit

Lunch
Grilled Cheese
Chicken Nuggets/Roll
Potato Wedges

28 Breakfast
French Toast Sticks

Lunch
Fish Filet
Zesty Orange Chicken
Steamed Broccoli

29 Breakfast
Eggs/Toast

Lunch
Juicy Hot Dog
Sausage Pizza
Steamed Carrots

30 Breakfast
Mini Blueberry Pancakes

Lunch
Cheesy Nachos
Chicken Sandwich
Charro Beans

